WEEK OF RESPECT

SCHEDULE

Monday

- Mindset: Attitude of Gratitude
- <u>Spirit Wear</u>: Shirt with a positive message.
- <u>Challenge</u>: Write a heartfelt note of gratitude to someone you are thankful for.

Tuesday

- Mindset: We are Connected
- <u>Spirit Wear:</u> Wear your Allenwood Green!
- <u>Challenge</u>: Imagine the the kind of friend you would want in your life. Now be that friend to those around you.

Wednesday

- Mindset: 100% Accountable
- <u>Spirit Wear</u>: Wear your own team or your favorite team's jersey/shirt.
- <u>Challenge</u>: Be part of a TEAM- promise to always treat others with respect.

Thursday

- Mindset: Everything is Possible &
- **Passion First**
- <u>Spirit Wear:</u> Dress like someone you want to be in the future (doctor, teacher, police officer, sports star)
- <u>Challenge</u>: Write down 3 goals you have • for yourself.

Friday



- Mindset: Live To Give
- Spirit Wear: Kindness is Comforting! Wear
 PJ bottoms or you most comfy clothes!
- Challenge: Support your friends with kind words. Write post-it notes cheering on/complementing a classmate.

